

## This Week in the Life & Work of our Church

### KINCARDINE UNITED CHURCH

721 Princes St. N., Kincardine ON N2Z 2A3

Web site: [www.kincardineunitedchurch.org](http://www.kincardineunitedchurch.org) Youtube Channel: [KUC YouTube Channel](#)

Donation Steward: [kucdonate@bmts.com](mailto:kucdonate@bmts.com) ♦ Gord's email: [gord.kuc@bmts.com](mailto:gord.kuc@bmts.com)

Office Coordinator's e-mail: [kuchurch@bmts.com](mailto:kuchurch@bmts.com) ♦ Phone: 519-396-2391

*The Congregation of Kincardine United Church seeks to foster a journey of spiritual growth through hospitality, service, fellowship and study, and, in community, to build up the ministry of every person and together experience God's abundant love and grace.*

#### KUC TRUSTEES MEETING

Friday May 14 9:30 BY Zoom

All are welcome.

If you wish to attend, contact Jack Nancekivell [jnance@bmts.com](mailto:jnance@bmts.com)

#### WE NEED A TREASURER

We are currently accepting applications for the position of Treasurer of our church, starting date June 1, 2021.

Must have knowledge of computers, accounting and Excel spreadsheets.

**Please send application to Gregg McClelland.**

([dotgregg@bmts.com](mailto:dotgregg@bmts.com))

#### PROGRAMME CALENDAR (all services below are live streamed)

SUNDAY, May 16th 10:30 AM 7th Sunday after Easter

Worship: Gord Dunbar

Meditation: Living Love, Not Waiting

SUNDAY, May 23rd 10:30 AM Pentecost Sunday

Worship: Kevin Hart

Meditation: TBA

## UCW LIGHTHOUSE UNIT ZOOM MEETING



**Monday May 17<sup>th</sup> at 7 p.m.**

All women of the congregation are invited to attend!

<https://us02web.zoom.us/j/89333401371>

Meeting ID: 893 3340 1371

**Passcode: 3962391**

One tap mobile +16473744685,,89333401371#,,,,\*3962391# Canada  
+16475580588,,89333401371#,,,,\*3962391# Canada

Dial by your location

+1 647 374 4685 Canada, +1 647 558 0588 Canada, +1 778 907 2071 Canada,

+1 204 272 7920 Canada, +1 438 809 7799 Canada +1 587 328 1099 Canada

Meeting ID: 893 3340 1371

Passcode: 3962391

Find your local number: <https://us02web.zoom.us/u/kEWmFYhDx>

## LIVE STREAMED SERVICE OF PRAYERS FOR HEALING SUNDAY, MAY 30<sup>TH</sup> AT 7:00 P.M.



Join us for this special, intimate and contemplative service in the Iona tradition. Too often in our living we struggle with woundedness – whether of the body, of the mind or of the spirit. Come and discover a place of healing for your soul taught on the Scottish island of Iona where Celtic Christianity flourishes and transforms. Through our digital connection, healing will be offered.



Regular Sunday Services are live streamed on Sundays at 10:30 a.m. Email [kuchurch@bmts.com](mailto:kuchurch@bmts.com) to get on the email list and receive live stream invitations.

Recent services can be found on our Youtube Channel:

[KUC YouTube Channel](#)

Services will continue to air on Rogers Cable Channel 6 a week later.

View the schedule here: <https://www.rogerstv.com/schedule?lid=1&rid=75>

You can view some past services online at

<https://www.rogerstv.com/media?lid=237&rid=75> under Access Programming (no cable tv necessary)

**WEEKLY DEADLINE FOR ANNOUNCEMENT INFORMATION****Submit information to [kuchurch@bmts.com](mailto:kuchurch@bmts.com) by 4 PM on TUESDAYS****CHALMERS GARDEN UPDATE**

Greetings! We have been meeting, seeding and planting since March, despite these uncertain times. We have had to adapt every step of the way, but are assured by our fall garlic planting that we will have some harvest in 2021!

In March Tom started our peppers and cabbage. Later, onions and leeks were started. These crops were potted into trays and sent out to be adopted by community growers. Fast forward to lockdown time, which is when the onion, leek and cabbage crops would go in the ground. The decision regarding planting these crops was made for us with the "stay at home order". Growers were instructed to grow the cabbage and onion for their own use, or compost these plants as we would not be joining in teams to share the work of planting, weeding and watering.

It is now late April and we met again via Zoom to plan the next steps. A cover crop of summer oats will go on most of the rows with the main objective being weed suppression. Before seed forms, it will be ploughed under and a fall cover crop planted and left on for the winter. Peppers will go into a row in early June.

It looks like we will have a few large harvests of peppers, a harvest of garlic scapes, and a row of garlic for the local Foodbanks and Hub. We also have some success with our garlic bulbils. In the fall these bulbils will be separated out and planted in a row. Seed replenishment is important to help avoid disease in garlic crops. These bulbils will be our first seed grown by Chalmers.

Thank you to our growers, supporters and cheerleaders!

*Tom Franklin, Phillip Craig & Krista Ritchie*

**SURPLUS BULBS AVAILABLE**

We have surplus light bulbs that we have replaced with LED's and are no longer needed.

Some of the sizes are:

130, 150, 120, 75 watt flood lights, and others.

These could be available for a donation to the church. Anyone interested are to call Ralph Knowles @519-396-5580 for information.

## Bereavement Support -Spring 2021

There is no right or wrong way to grieve...there is only your way and your grief experience will be unique to you. While it can be difficult, reaching out for support after a loved one's death can be helpful and comforting.



### Bereavement Support Groups

Our groups provide a supportive and compassionate atmosphere for sharing and listening. Facilitators and group members attend all 8 sessions, allowing for a greater level of comfort in discussing relevant topics. Confidential video conferencing is provided through Zoom, with instructions and support available upon registration. Sessions start regularly throughout the year, so please call to find out more about our groups and to register.

### Drop-in Chat

The Drop-In Chat is an informal opportunity to receive grief support in a safe, compassionate place with others going through similar experiences. Drop-In Chats occur on Zoom every second Tuesday at 9:30am. Call to register.

### Mindfulness and Grief Webinar series

This is a nine week Zoom webinar series about how Mindfulness practice can be incorporated into your life and be used as a tool to help with your grief journey. The series starts Monday May 10, 2021 at 10 am.

### One to One Bereavement Supports

VON provides one to one telephone bereavement supports by trained volunteers. It is an opportunity where the grieving individual can speak openly about their feelings. Each individual can expect to receive a weekly call from a trained volunteer once a match has been made.

### You Are Not Alone

For further information or to register, please contact  
Ingrid Bell MSW at 519-376-5895 ext.260 or [ingrid.bell@von.ca](mailto:ingrid.bell@von.ca)