

# This Week in the Life & Work of our Church

## KINCARDINE UNITED CHURCH

721 Princes St. N., Kincardine ON N2Z 2A3

Link to Sunday Zoom Service: <https://us02web.zoom.us/j/84938054100>

Passcode: 3962391

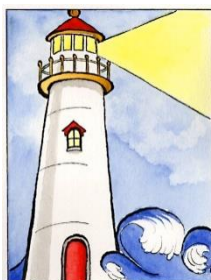
Web site: [www.kincardineunitedchurch.org](http://www.kincardineunitedchurch.org) Youtube Channel: [KUC YouTube Channel](#)

Donation Steward: [kucdonate@bmts.com](mailto:kucdonate@bmts.com) ♦ Gord's email: [gord.kuc@bmts.com](mailto:gord.kuc@bmts.com)

Office Coordinator's e-mail: [kuchurch@bmts.com](mailto:kuchurch@bmts.com) ♦ Phone: 519-396-2391

*The Congregation of Kincardine United Church seeks to foster a journey of spiritual growth through hospitality, service, fellowship and study, and, in community, to build up the ministry of every person and together experience God's abundant love and grace.*

### LIGHTHOUSE MEETING



Lighthouse unit Zoom meeting will be held on

**Monday, September 20th at 7pm.**

Our theme is Autumn & Happiness!

Our roll call is your summer highlights & favourite hymn.

All women are welcome!

Hope to see you on Zoom Monday, September 20th at 7pm

Contact Dianne Henkenhaf or Judy Zarubick if you did not receive the Zoom Link.

*-Pat Porter and Diane Henkenhaf*

### SERVICE OF PRAYERS FOR HEALING – SUNDAY, SEPTEMBER 26<sup>TH</sup> AT 7:00 P.M.



Join us for this special, intimate and contemplative service in the Iona tradition. Too often in our living we struggle with woundedness – whether of the body, of the mind or of the spirit. Come and discover a place of healing for your soul rooted in Gord's sabbatical experience on the Scottish island of Iona where Celtic Christianity flourishes.

### GORD'S ON HOLIDAY

Gord is on holiday from Monday, September 13<sup>th</sup> to Sunday, September 19<sup>th</sup> inclusive. He will be spending time with double-vaccinated family (all of them except his grandsons), attending some of the Toronto International Film Festival movies and a few days in Algonquin Park canoeing. **For emergency pastoral care while Gord is away, please contact Rev. Gerry Hofstetter, a retired minister living in Southampton, at 519-797-3495.** Thank you.



Another holiday?

## **KINCARDINE UNITED CHURCH IS REOPENING SOON**

The Church Council has approved a reopening plan, with Grey Bruce Public Health protocols in place, for in-person Worship on September 26, 2021 and for public access on October 12, 2021.

Worship Services will continue to be live-streamed on Sunday mornings, found on YouTube later in the day and broadcast on local TV the week after.

More information here:

[http://www.kincardineunitedchurch.org/sites/default/files/church\\_re-opening\\_recommendations\\_-\\_council\\_approved.pdf](http://www.kincardineunitedchurch.org/sites/default/files/church_re-opening_recommendations_-_council_approved.pdf)

For church bookings contact Liz Dillman or Judy Zarubick by phone or use this form: <http://www.kincardineunitedchurch.org/contact/Booking-Facilitators>

## **PROGRAMME CALENDAR** (all services below are live streamed)

SUNDAY, September 26<sup>th</sup> 10:30 AM Creation Time 3; Orange Shirt Day

Worship: Gord Dunbar

Meditation: Pray Do

SUNDAY, October 5<sup>th</sup> 10:30 AM World Wide Communion Sunday

Worship: Gord Dunbar

Meditation: Cracked Open

SUNDAY, October 12<sup>th</sup> 10:30 AM Thanksgiving Sunday

Worship: Gord Dunbar

Meditation: TBA



Regular Sunday Services are live streamed on Sundays at 10:30 a.m. join us using the following link

<https://us02web.zoom.us/j/84938054100>

Passcode: 3962391

Recent services and Fireside Chats can be found on our Youtube Channel check them out at "Kincardine United Church Ontario" or use the following link: [KUC YouTube Channel](#)

Services will continue to air on Rogers Cable Channel 6 a week later.

View the schedule here: <https://www.rogerstv.com/schedule?lid=1&rid=75>

You can view some past services online at

<https://www.rogerstv.com/media?lid=237&rid=75> under Access Programming (no cable tv necessary)



## Bereavement Support - Fall 2021

There is no right or wrong way to grieve...there is only your way and your grief experience will be unique to you. VON has bereavement supports to assist you with your grief journey. We are here for you.



### Bereavement Support Groups

Our groups provide a supportive and compassionate atmosphere for sharing and listening. Facilitators and group members attend all 8 sessions, allowing for a greater level of comfort in discussing relevant topics. Confidential video conferencing is provided through Zoom, with instructions and support available upon registration. Sessions start on:

Wednesdays starting September 22, 2021 from 10:00 am-12:00 pm

Thursdays starting October 14, 2021 6:00 pm- 8:00 pm

### Drop-in Chat

The Drop-In Chat is an informal opportunity to receive grief support in a safe, compassionate environment with others going through similar experiences. Drop-In Chats occur on Zoom every second Tuesday at 9:30am starting September 7, 2021. Call to register.

### Mindfulness and Grief Webinar series

This is a nine week Zoom webinar series about how Mindfulness practice can be incorporated into daily life and be used as a tool to help cope with the grief journey. The series starts Monday September 27, 2021 10:00 am- 11:30 am

### One to One Peer Bereavement Supports

VON provides one to one telephone bereavement supports by trained volunteers. It is an opportunity where the grieving individual can speak openly about their feelings. Each individual can expect to receive a weekly call from a volunteer once a match has been made.

## You Are Not Alone

For further information

Ingrid Bell MSW at 519-376-5

### UPDATE ABOUT GLENN SUTTON'S RECOVERY



We thank God for Glenn's remarkable and miraculous recovery after his traumatic brain injury 2 months ago. If you talked to Glenn now, you wouldn't know what he has been through. There are still some gaps and he will continue with cognitive therapy at Freeport Hospital. He does not require speech therapy.

We give God the glory for the incredible healing that has occurred.

Thank you all for your prayer support through this difficult time.

*Joan and Glenn Sutton*

**WEEKLY DEADLINE FOR ANNOUNCEMENT INFORMATION**  
**Submit information to [kuchurch@bmts.com](mailto:kuchurch@bmts.com) by 4 PM on TUESDAYS**

### **EMERGENCY RELIEF FOR HAITI:**

The Haitian Methodist Church (HMC), which is a partner of The United Church of Canada, works in the hardest hit areas of the country. The HMC is responding by supplying first aid, medical supplies, water, temporary shelters, and food. Thanks to previous donors to the Global Emergency Response fund, The United Church of Canada made an immediate grant of \$10,000 to support their efforts.

You, too, can help out. Make a gift now to support the



people of Haiti. Use the United Church of Canada's secure donation page here: [Donate Now | The United Church of Canada \(gifttool.com\)](https://www.gifttool.com), or donate to Kincardine United Church noting it is for "Emergency Response – Haiti."

**Note: 100% of your donation goes directly to emergency relief with 85% of your donation responding to Haiti**

**specifically and 15% is set aside to respond to future emergencies that do not receive intense media coverage.**



# Regional Grief Support Groups

## For Specific Death-related Losses



VON is pleased to offer **four new** virtual support groups for individuals grieving specific losses, including: Death by Suicide, Addiction-related Death, Medical Assistance in Death (MAiD) and Death of a Child. Groups are held **Tuesdays from 6:30pm-8:00pm**, virtually over Zoom.

### PRE-REGISTRATION IS REQUIRED

#### Death by Suicide

Group will take place the first Tuesday of every month, beginning October 5<sup>th</sup>, 2021

#### Addiction-related Death

Group will take place the second Tuesday of every month, beginning October 12<sup>th</sup>, 2021

#### Death of a Child

Group will take place the third Tuesday of every month, beginning on October 19<sup>th</sup>, 2021

#### Medical Assistance in Death (MAiD)

Group will take place the fourth Tuesday of every month, beginning on September 28<sup>th</sup>, 2021

### BENEFITS OF THE GROUP:

- Confidentiality is respected
- Support is compassionate & judgement free
- Facilitated by trained staff & volunteers
- Program is free of charge

For more information or to register, contact your local VON Bereavement Support Coordinator:

**Middlesex** - Meagan Alexander  
(519) 245-3170 ext 227 or [meagan.alexander@von.ca](mailto:meagan.alexander@von.ca)

**Elgin** - Becky Ahrens  
(519) 637-6408 ext 222 or [becky.ahrens@von.ca](mailto:becky.ahrens@von.ca)

**Oxford** - Nancy Clark  
(519) 539-1231 ext 286 or [nancy.clark@von.ca](mailto:nancy.clark@von.ca)

OR  
Anne Marie Wallace Phillips  
(519) 537-8515 ext 3 or [annemarie.wallace-phillips@von.ca](mailto:annemarie.wallace-phillips@von.ca)

**Chatham-Kent** - Michelle Robbins  
(519) 437-8989 or [michelle.robbs@von.ca](mailto:michelle.robbs@von.ca)

**Grey Bruce** - Ingrid Bell  
(519) 376-5895 ext 260 or [ingrid.bell@von.ca](mailto:ingrid.bell@von.ca)